



Residential Growth Program

Our intentional residential community is for mature believers who desire to focus on spiritual and relational growth. The goal is to help our residents become happy and healthy in their own environment. The purpose of living at the MVF House is not to stay but to grow.

House Meeting, Mondays, 6pm-8pm

The goals above are the focus of the weekly House Meeting. The role of facilitator and provision of dinner will rotate among the residents and a Mid-Valley Fellowship Staff Person. The schedule and this overview are available at midvalleyfellowship.org/resident.

Parts of House Meeting

Shared Meal – The meetings typically start with a meal together and time spent engaging in conversation around more mundane happenings such as weekly events or various other topics that arise. The intent is to build comfort and trust, replicating a healthy family dynamic.

Interpersonal Relationship Check-In – The facilitator checks in about interpersonal relationships between the residents and/or the residents and others outside the house. This is a great opportunity to talk through thoughts and emotions and offer feedback/perspective consistent with the truth of who God made the residents to be. The goal is not to “fix” each other but to actively listen and offer perspective. The House Meeting may or may not be a good scenario to work through interpersonal conflicts between residents. Any conflicts between residents should be brought to the MVF Staff’s attention.

Goal Check-In/Book Discussion – Setting goals will be encouraged to help facilitate each resident’s growth. The facilitator and other residents will check in about the progress toward set goals. From time to time, a book may be selected for reading before the House Meeting and discussing during this portion of the meeting. The facilitator will lead the discussion.

Household Duties Check-In – The facilitator checks in about the completion of weekly household duties and facilitates interaction about thoughts and feelings surrounding chores. The MVF Staff will also be aware via the Resident Response Form.

Prayer – The meeting concludes with prayer. This can be one person praying or each resident praying for another resident.

After the House Meeting

The facilitator completes a House Meeting Overview, using the Resident Response Form at midvalleyfellowship.org/resident.